



The Australian Waterski and Wakeboard Federation together with Cables Wake Park Penrith in Sydney, Australia are pleased to announce Stop 1 of the 2011 CWWC Tour.

Date: **April 29th – 1st of May 2011.**

Official Training will start Friday 29th April.

Cable / Venue: **Cables Wake Park, Penrith Australia**

This Second bulletin contains most of the information you need to know about the competition. It should help you to organise your trip to Penrith/ Sydney/ Australia.

If you have any questions feel free to contact us.

Introducing your team from Cables Wake Park Penrith

CONTACT INFORMATION

SPORTS ORGANISATION

Australian Waterski & Wakeboard Federation (AWWF)
International Waterski & Wakeboard Federation (IWWF)
Cable Wakeboard World Council (CWWC)
www.cablewakeboard.net

EVENT ORGANISERS

Lauren Ormsby: cableskicairns@iprimus.com.au

Glenn Matthews: glenn@cableswakepark.com.au

Cables Wake Park Onsite Management:

Aliysa Gibbons: info@cableswakepark.com.au
(for all accommodation & transport enquiries)

Doug Thompson: cableskicairns@gmail.com

International representative:

Aleks Ignatowicz: aleksbcn@googlemail.com

OFFICIAL WEBSITE

www.cableswakepark.com.au
www.cablewakeboard.net



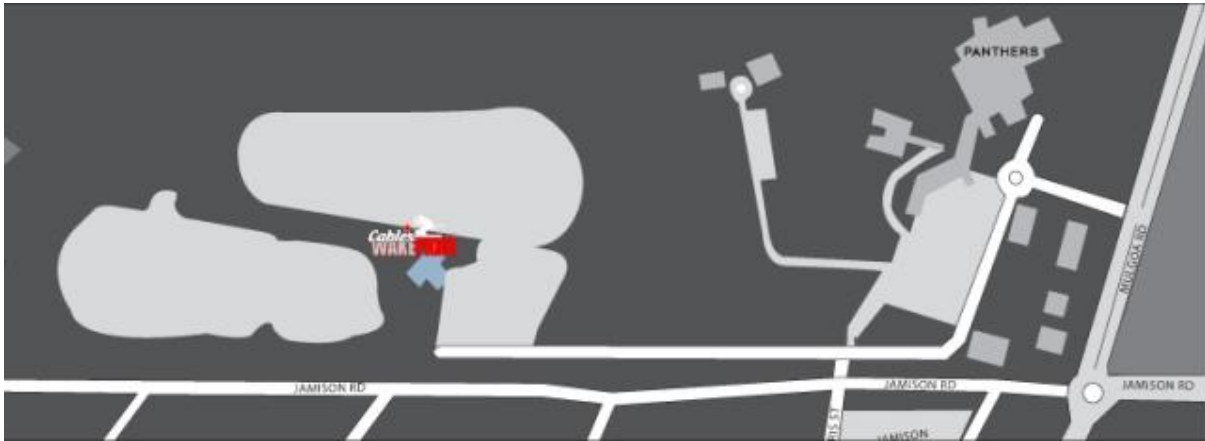
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1. LOCATION

1.1 Cables Wake Park Penrith - Australia



Cables Wake Park is Western Sydney's newest cable wakeboarding facility. Located in Penrith, just 60 minutes from the centre of Sydney, Cables Wake Park offers today's cable rider everything they could ever need.

Cables features a full anti-clockwise (right foot forward) Sesitec cable system on the one lake, a full clockwise (left foot forward) cable on a second lake, with a bonus System 2 setup also. Cables really does cater for every level of riding ability. Both lakes feature a variety of kickers and sliders and are designed to cater for your advanced rail rider and also riders new to hitting obstacles. Cables Wake Park is easily accessible and provides the perfect venue for a World Trophy Tour Stop down under!!

Cables Wake Park Penrith
C/- Panthers Leagues Club
Mulgoa Road
Penrith
NSW 2750
PH: +61 2 4722 2537

Google Earth coordinates : 33deg 45' 31S 150deg 40' 36E

1.2 Cableway

Tower: 5
Height: 9.5 m
Length: 850 m
Cable built by: Sesitec



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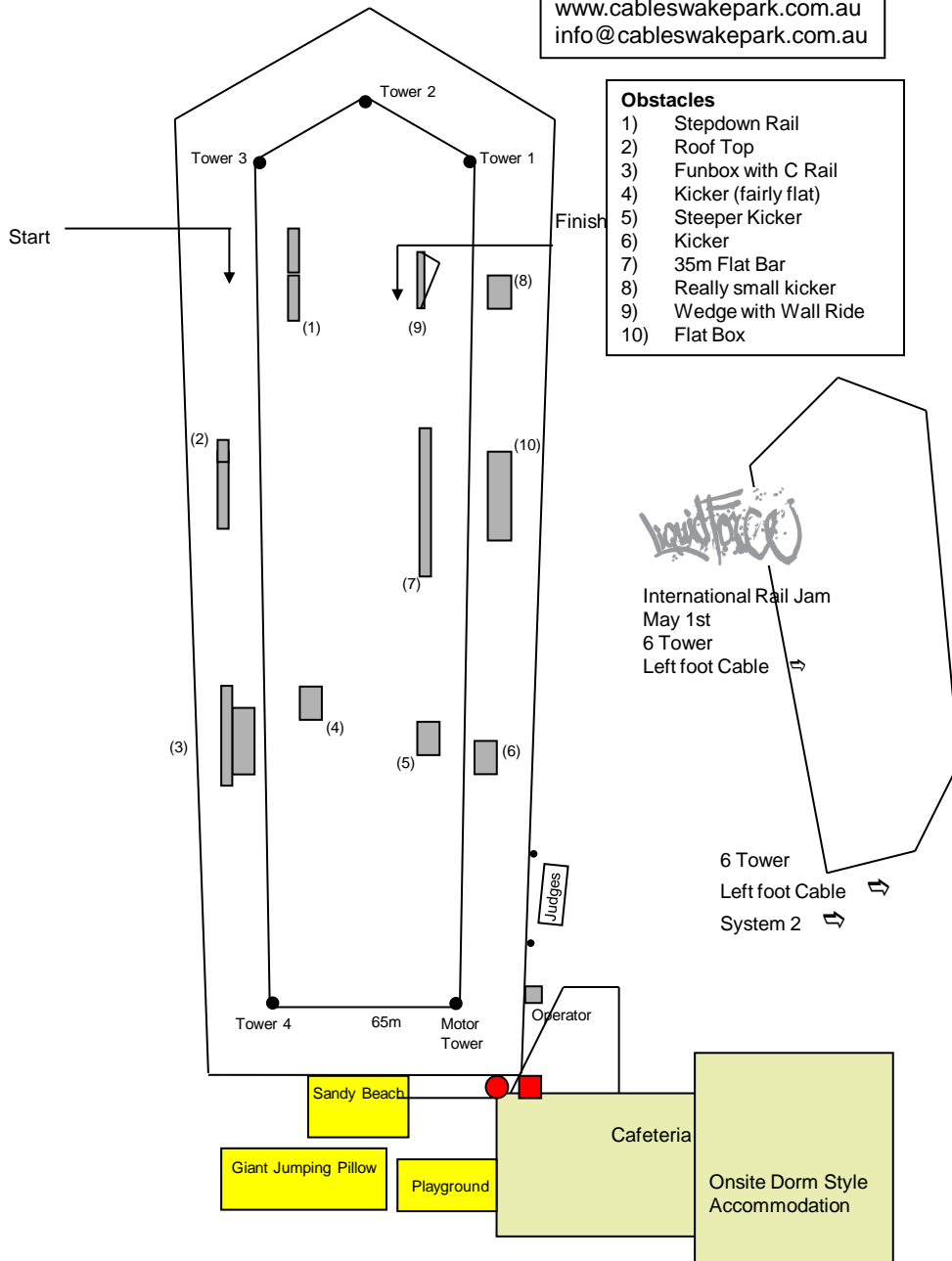




1.3 Obstacles Layout



Address:
 Cables Wake Park Penrith
 Mulgoa Road
 Penrith
 NSW 2750
 tel: +61 2 4722 2537
 www.cableswakepark.com.au
 info@cableswakepark.com.au



- Obstacles**
- 1) Stepdown Rail
 - 2) Roof Top
 - 3) Funbox with C Rail
 - 4) Kicker (fairly flat)
 - 5) Steeper Kicker
 - 6) Kicker
 - 7) 35m Flat Bar
 - 8) Really small kicker
 - 9) Wedge with Wall Ride
 - 10) Flat Box



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2. HOW TO GET TO PENRITH

2.1 Train

Take train from airport to central. Then “express” from central to Penrith (via the Blue Mountains Line. Labelled “Inter-city” - these trains are painted blue on the front.

Directions: Go to Airport Domestic or Airport International Train Station.

At either of these stations go to platform 1.

Catch the train to Central station and change to platform 14 or 15 – the Blue Mountains Line express to Penrith (please enquire at service desk if need be).

Travel time is approximately 1 hour.

Domestic Terminal to Penrith

	Adult	Child	Student*	Pensioner*
Single	\$17.80	\$11.40	\$11.40	\$12.30
Daily Return	\$30.60	\$18.30	\$18.30	\$12.30
Offpeak Return	\$26.80	\$16.40	N/A	N/A

Note:

A family only has to pay for one child, the rest travel free. Child age is 4 to 14 and children under 4 travel free.

Contact Cables Wake Park Penrith with your arrival time at the Penrith Station and we will come and pick you up. Ph: +612 4722 2537

Taxi Phone Number: 13 10 17 - If transport is needed around Penrith.

Approx taxi cost: \$10 Approx distance 5 mins from station to park.

Although the train station is close to the cable park it is a little too far to walk with wakeboard gear.



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Trains run to Penrith frequently and you can find all Sydney travel information on:

Please visit <http://www.131500.com.au/>



Sydney City Map



Sydney Rail Network map

2.2 Airport Express Shuttle Transfers

AAC Airport Express Transfers

A private shuttle is available for hire from the airport.

Cost: \$90 for an individual + \$20 per extra person

Please visit <http://airportexpress.com.au> to book.

PH: +61 2 4731 6906



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2.4 Car



South Western Motorway and Westlink

Total Distance: 67.8km

Time takes: 53mins

THIS ROUTE HAS TOLLS

1. Head south on **Departure Plaza** towards **Cook River Ave** 400m
 2. Continue onto **Cooks River Ave** 170m
 3. Take the ramp onto **Marsh St** 1.2km
 4. turn right to merge onto **M5 East Freeway** 6.9km
 5. Continue onto **South Western Motorway** (signs for **Liverpool/Canberra**) 18.5km
 6. Take the exit onto **Westlink M7/M7** towards **Blacktown/Newcastle** 19.5km
 7. Take the exit towards **Metroad M4/ Penrith/Blacktown/Sydney** 400m
 8. Keep left at the fork, follow signs for **Penrith/BLUE MOUNTAINS** and merge onto **Western Motorway** 17.3km
 9. Take the **Mulgoa Road** exit towards **Penrith/Wallacia//Richmond** 450m
 10. Turn right at **MULGOA Rd** 850m
 11. Turn left at **Panthers Leagues Club**
 12. At the roundabout take the 1st exit and drive until you reach us 600m
- Cables Wake Park Penrith
Panthers Leagues Club
Mulgoa Road
Penrith 2750

General driving information

It is necessary to be in possession of a valid driving license. That means:

- International driving license
- Australian driving license

If you hold a valid driver's license from another country and the license is in English, then you can drive all over Australia for up to 12 months.

Please don't drink and drive – it's illegal and you are endangering your life and others..

Visit for driving rules: http://www.outback-australia-travel-secrets.com/driving_in_australia.html

Speed limits:

- Within built-up area (Inner City): 50 km/h
- Outside built-up area (Outer City): 100 - 110 km/h (unless a lower speed limit is sign posted)



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Car rental stations (Sydney Airport):



AVIS

Phone: 13 63 33
www.avis.com.au



Guaranteed one way drop off. Drive from Sydney airport and leave car in Penrith.

Phone: 13 30 39
www.hertz.com.au



Phone: 1300 13 13 90
www.europcar.com.au



Phone: 13 27 27
www.budget.com.au



Phone: 1300 36 72 27
www.thrifty.com.au



Phone: 1300 668 810
www.redspotrentals.com.au

Airport Hotel:

In case you're arriving at Sydney Airport late in the evening you may choose to stay close to the Sydney Airport overnight. The drive from Penrith to Sydney is approx 50mins - 1hour, if you have very early departure times following the event you choose to be close to the airport also.

These two options of accommodation are close to the airport and can be arranged via the following contact information.

Ibis Hotel (Budget)

205 O'Riordan Street
Mascot 2020
(+612) 8339 8500

For bookings visit: <http://www.ibishotel.com/gb/home/index.shtml>

Holiday Inn Hotel Sydney Airport (4 star)

O'Riordan Street
Waterloo
(+612) 9330 0600

For bookings visit: www.holidayinn.com



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3. GOOD TO KNOW IN ADVANCE

3.1 Visa

For entry to Australia visa information visit <http://www.immi.gov.au/visitors/tourist/>
Please consult with your federation for information regarding visas for your country.

3.2 Identity card

You need to have a current identity card and it is recommended to carry a passport.

3.3 Health requirements

It is not necessary to have a special vaccination before you travel to Australia.
It is recommended to travel with international travel insurance.

3.4 Local currency

The Australian currency is Aus Dollar.

Currency rate (Jan 6th):

1 Aus Dollar = US \$ 0.998522

1 Aus Dollar = GBP 0.624409

1 Aus Dollar = Euro 0.738333

Credit cards are widely accepted in Hotels, Restaurants, Gas Stations etc. This is for established credit cards like American Express, MasterCard or VISA.

3.5 Time change

Sydney Australia is on EDT. EDT is 11 hours ahead of Coordinated Universal Time (UTC)

Note that EDT is a [daylight saving time/summer time](#) zone. It is generally only used during the summer in Sydney / New South Wales, during the winter [EST](#) is used instead.

Sydney will stay on EDT until Sunday, April 3, 2011 at 3:00 AM when it will turn clocks to EST (EST = 1 hour back)

Here is the time change from the following locations:

Germany (Berlin) -10 hrs

Singapore -3 hrs

Russia (Moscow) - 8 hrs

Japan (Tokyo) - 2 hrs

England - 11 hrs

USA (New York) - 16 hrs

3.6 Mains electricity

Voltage: 220 - 240 Volts

Frequency: 50 Hz

Primary Socket Type: [Australian AS-3112](#)

3.7 Emergency telephone numbers

Ambulance/Police/Fire department call 000



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4. ACCOMMODATION



4.1 Cables Lodge Accommodation

A variety of affordable, low cost, accommodation is available, on site, here at Cables Wake Park.

Cables Wake Park offers Western Sydney and Penrith affordable and in-expensive accommodation. The backpacker style rooms give users of our cable systems and also visitors to the area a place to stay. Linen is provided within the price of your stay.

Special Offer!!

Stay and Ride Packages from only \$89pp

1 Day Stay and Ride - \$89

2 Day Stay and Ride - \$170

1 Week Stay and Ride - \$440

The price includes Accommodation & Day Cable Tickets

Part of the Panthers World of Entertainment Complex, Cables Lodge boasts eight fully air conditioned rooms of bunk style accommodation suited to large groups. The lodge sleeps up to 100 people in several dormitory style rooms.

The Lodge has separate television/video, lounge and dining facilities, crockery and cutlery, shared bathrooms with multiple amenities. A complimentary breakfast of cereal, toast, juice tea and coffee is provided to guests.

Shared Dormitory – Bunk Accommodation Rates

Single Person	1 night stay	\$40.00 per person
Single Person	2 nights +	\$35.00 per person/ night
Single Person	1 week stay (7days)	\$220.00 per person

We have a great range of cold drinks and food at our cafe and Eagle Boys Pizzas on site!!

Alcohol is not permitted on the premises.

If you'd like to make a booking, please contact Aliysa at info@cableswakepark.com.au or ph: +61 2 47 222 537 (+612 47 CABLES).



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4.2 Nepean Shores Cottages



You will find Nepean Shores nestled near the banks of the Nepean River, at the foothills of the majestic Blue Mountains. Close to Cables Wake Park (10-15 walk), close to Penrith's CBD, the M4 Motorway and Penrith Panthers. With unique one & two bedroom cottages suitable for both business and pleasure.

Special Cable Visitors Price: \$99.00/night for a One Bedroom Cottage (contains either a Queen Bed or Two Singles plus a fold out bed – suits 3 people) or \$154.00/night for a Two Bedroom Cottage (contains Queen Bed & Two Singles & Fold out bed – suits 5 people)

Distance from Cable Park: 500mtrs West -short walk

Phone: (+612) 4720 8100
Fax: (+612) 4720 8115
Address: 6-22 Tench Avenue
Penrith NSW 2750

Web:

<http://www.nepeanshores.com.au/Home>

To book online visit:

nsreservations@panthers.com.au



4.3 The Chifley Hotel

Penrith's best hotel accommodation is at Panthers. Chifley, our 4 star on complex hotel, it has 216 beautifully appointed rooms that will ensure you have a comfortable and relaxing stay, with all the facilities you'd expect from a premier hotel, including cable/satellite TV, in-room movies, free newspaper delivered to your room. Chifley can even offer connecting rooms on request (subject to availability). Chifley offered a great deal for CWWT competitors, family and guests.

Special Cable Visitors Price: \$62.50 per person = \$125.00 for 2 per room only.

For a triple room add an additional \$40.00 for the 3rd person.

Chifley Penrith Panthers - **Distance from Cable Park: 500mtrs East - short walk**

Cnr Mulgoa and Jamison Roads
Penrith NSW 2750
T: +61 2 4721 7700
F: +61 2 4732 2928

To Book online visit: reservations.penrithpanthers@chifleyhotels.com



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5. ENTRY REQUIREMENTS



5.1 Nomination / registration

Riders **MUST** register and create a riders profile online at www.cablewakeboard.net

How to Register? You can find here: <http://www.cablewakeboard.net/news/92.html>

Riders **MUST** join the competition **ONLINE** by selecting the Penrith Tour Stop under “My Competitions”

How to join? You can find here: <http://www.cablewakeboard.net/news/93.html>

RIDERS MUST REGISTER ONLINE BEFORE MONDAY APRIL 25TH. IF YOU DO NOT REGISTER ON OR BEFORE THIS DATE THERE IS A LATE FEE OF \$20.00.

5.2 Conditions

The Cable Wakeboard World Council - Tour Stop in Penrith will be carried out according to the IWWF Cable Wakeboard World Council rules 2011.

A full copy of the rules can be found at: www.cablewakeboard.net and www.eame.be

5.3 Safety

Please note that you have to wear a helmet and an approved life vest.

Vest must be approved as per your country/regions official standards.

All participants ride at their own risk. For all safety rules please refer to the World Rules at www.cablewakeboard.net (via Council zone – Documents).

5.4 Categories Wakeboard

Mini Boys & Mini Girls: 2000 or later (Under 12)

Boys & Girls: 1996 or later (Under 16)

Junior Men & Junior Ladies: 1992 or later (Under 20)

Open Men & Open Ladies: No age restriction

Masters Men & Masters Ladies: 1978 or before (Over 30)

Veterans Men & Veterans Ladies: 1968 or before (Over 40)

To clarify: a rider born in 2000 can compete in Minis, Boys, Junior or Open categories, or a rider born in 1992 can compete in Juniors or Open, same for Master and Veterans – a rider born in 1968 can choose to compete in Veterans, Masters or Open.

Double starts at one competition are not allowed. Starting in one wakeboard and one wakeskate category at one competition is not considered as double start.

There will be a minimum of 6 riders required to open a category, with the exception of Mini Boys, Mini Girls, Girls and Junior Ladies, where 4 riders will be the minimum.





5.5 Categories Wakeskate

Junior Men & Junior Ladies: 1992 or later (Under 20)

Open Men & Open Ladies: No age restriction

Double starts at one competition are not allowed. Starting in one wakeboard and one wakeskate category at one competition is not considered as double start.

There will be a minimum of 6 riders required to open a category, with the exception of Junior Ladies, and Open Ladies where 4 riders will be the minimum.

5.6 License / IWWF Membership

All riders should be current members of their respective country's **IWWF affiliated Federation**.

In addition, entrants from EAME should have the EAME International Wakeboard License (National Federations register their riders license online).

5.7 Entry Fee Wakeboard and Wakeskate

Entry Fee is \$80.00 per competitor.

Entry Fee for double start (1x wakeboard & 1x wakeskate event) is additional \$35.00.

You will receive Lunch and dinner on Saturday the 30th of April.

Drinks are not included but can be bought at the cable.

All competitors will receive the special riding rate of \$29.00 per day at the park. You must have registered and paid for the competition to qualify for this special price.

Payment must be made onsite via credit card, eftpos or cash.

You have to pay the Entry Fee and complete all required registration paperwork no later than Friday the 29th of April at 12 midday.

5.8 Riders Registration and Paperwork - Onsite

All riders will need to register on Thursday the 28th from 4-7pm and Friday morning the 29th of April before official training starts at 12 midday.

Don't forget to bring along your passport or ID as well as a copy of your license.

The Riders Registration will take place at Cables Wake Park Penrith.

Further information will be announced in Bulletin 2.

5.9 Doping control

In accordance with the IWWF Anti-Doping Rules, drug controls may be conducted during this competition. Upon entering this competition all riders agree to be subject to doping control. Information about the IWWF Anti-Doping programme can be found at <http://www.iwsf.com/AntiDoping/WEBpageinformation10.htm> where there are also links to the list of banned substances.

5.10 Official practice day

Your official practice time will be 12-2pm on 29th of April 2011. Trainings will be allocated per age division. There will be 4 x half hour practice sessions.



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6. Prize Money Breakdown



Prize money paid in Australian Dollars.

Open Men		Open Ladies		Junior Men		Junior Ladies		Open Wakeskate	
1 st	1300	1 st	450	1 st	450	1 st	280	1 st	450
2 nd	800	2 nd	300	2 nd	300	2 nd	200	2 nd	300
3 rd	600	3 rd	150	3 rd	150	3 rd	140	3 rd	150
4 th	350	4 th	100	4 th		4 th		4 th	
5 th	250	5 th	80	5 th		5 th		5 th	
6 th	150	6 th	80	6 th		6 th		6 th	



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7. JUDGES SEMINAR



The Seminar will be the first of its kind in Australia.

We invite all participants who are interested in the development of Cable Wakeboarding, particularly Australians as the number of qualified officials/judges are limited.

Please register for the Seminar at www.cablewakeboard.net and join there the Seminar in the section My Zone at Comps & Events!

If you have not yet created a profile on [cablewakeboard.net](http://www.cablewakeboard.net) please do so by following this link

How to Register? Follow this link: <http://www.cablewakeboard.net/news/92.html>

Seminar Instructors:

Aaron Armorst (International Representative) Steve Dipple (Australian Representative)

Date: Wednesday 27th April 9am-6pm & Thursday 28th April 9am -6pm

Cost: Free of charge

Location: Cables Wake Park Penrith "Wake Lounge"

Official Timetable: To be advised

Seminar Contents:

- Introduction: Why is it important to be a judge? IWWF Structures; Judges levels
- Organizing a competition: Crew for the competition
- Before the competition: Chief judge duties, Safety, Time table, Heat system
- During the competition: How do we judge? / judging system, Overview of the trick list, Grabs, Slider, tricks, Short cut and signs, Overview of the rules, Changes to the rules, Protest ,Video analysis
- Scoring the Competition: Scoring System and Program
- After the competition: Results, Paperwork
- Practical exercise /Video/ Questions, Examination theoretical, Examination practical, Announcement of results.

If you have any further questions please contact Lauren at cableskicairns@iprimus.com.au Aaron at aaron@cablewakeboard.net or Steve at thefarm@noosavalley.com



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8. COMPETITION SCHEDULE

Note: This schedule is a temporary template used as a guide per minimum riders required for the competition. The scheduled times may differ as we finalise numbers. Riders must be ready for their run at least 1 hour prior to schedule times to allow for timetable adjustments.

Friday, 29th April 2011

10am – 12am Riders Registration at the cable park.
12-2:00pm Official Training/Practice for riders only - free of charge.
02:00pm – 02:20pm qualifications wakeboard Mini Girls
02:20 – 02:40 qualifications wakeboard Mini Boys
02:40 – 03:00 qualifications Girls
03:00 – 03:40 qualifications Boys
03:40 – 04:00 qualifications Junior Ladies
04:00 – 04:40 qualifications Junior Men
04:40 – 05:00 qualifications Masters Ladies
05:00 – 05:20 qualifications Masters Mens
05:20 – 05:40 qualifications Veteran Mens
05:40 – 06:00 LCQ's Boys
06:00 – 06:20 LCQ's Junior Men

Saturday 30th April 2011

09:00 – 09:20 Finals Mini Girls
09:20 – 09:40 Finals Mini Boys
09:40 – 10:00 Finals Girls
10:20 – 10:40 Finals Boys
10:40 – 11:00 Finals Junior Ladies
11:00 – 11:20 qualifications Wakeskate Junior Mens
11:20 – 11:40 qualifications Wakeskate Open Mens
11:40 – 12:00 Qualifications Open Ladies
Short Break
12:00 – 12:40 Qualifications Open Mens
12:40 – 01:00 Finals Masters Ladies
01:00 – 01:20 Finals Masters Mens
01:20 – 01:40 Finals Veteran Mens
01:40 – 02:00 Finals Wakeskate Junior Mens
02:00 – 02:20 Finals Wakeskate Open Mens
02:20 – 02:40 LCQ's Open Mens
02:40 – 03:00 Semi Finals Junior Mens
03:00 – 03:20 Open Ladies Finals
03:20 – 03:40 Semi Finals Open mens
03:40 – 04:00 Finals Open Mens



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9. Liquid Force International Rail Jam

SUNDAY MARCH 1st - CABLES WAKE PARK



International Rail Jam!!

10.00am start

Part of the Cablefest Down Unda Tour and the day after the finals of the CWWC Tour Stop Penrith

Being run on the new 6 carrier left foot cable, this is an obstacles only event. There will be no flatwater tricks scored in any division. Only rails and kickers are counted. Carriers will be fully loaded at all times with up to 6 riders on the water in each of the heats and finals. All heats and finals will be 6 laps.

Divisions being run will be

UNDER 13 Boys - (must be 13 or under at July 1 2010)
UNDER 13 Girls - (must be 13 or under at July 1 2010)
UNDER 17 Boys - (must be 17 or under at July 1 2010)
UNDER 17 Girls - (must be 17 or under at July 1 2010)
OLD BOYS - Over 40 or close to it!!!
Amateur Women
Amateur Men
Wakeskate Novice
Wakeskate Pro
Pro Women
Pro Men

Riders are awarded points for hitting as many obstacles as possible and performing as many different moves as possible in their 6 laps. The scores are cumulative and add up as they ride, points are awarded for difficulty, style and intensity. Repeat tricks are not scored. Every obstacle is judged individually by separate judges, one judge per obstacle. Each judge simply ranks the riders in each heat from first to last on their obstacle only. All judges scores are added together, lowest score wins. If you fall simply swim to shore, run back to the dock and get on any available carrier when it comes around. The heat/final ends when carrier one has finished 6 laps and thereafter every rider is forked off.

This is a fast paced action packed event open to riders of all ages and ability levels..

Entry fee is just \$35.

Prizes and cash will be awarded at the end of the day.

FLATWATER FREAKS

Flatwater Freaks is a separate event that will be run whilst arrangements are underway for the Rail Jam presentations. It is a chance for cable riders to throw down their biggest flatwater moves both before and after the motor tower. Every rider gets 3 attempts to land his biggest tricks in those areas only. A riders best trick before the tour and his best trick after the tower are added together and ranked against all other riders to award the winner. Flatwater Freaks is one division only, open to anyone with any flatwater trick ability. Entry fee is just \$25. Money and prizes will be awarded.

To enter go to www.cableswakepark.com.au download the entry form (or copy the one below) and enter by e-mailing completed entry forms to info@cableswakepark.com.au



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2011 International Rail Jam Registration Form

Athlete Name: _____ **Male/Female** _____

Address: _____

City: _____ **State:** _____ **Country:** _____

Phone: _____ **Fax:** _____

Email: _____ **Age:** _____ **Date of Birth:** _____

Divisions: (Please mark with an "X" next to your division)

-UNDER 13 BOYS 13 years and under boys (as at July 1 2010)
- UNDER 13 GIRLS 13 years and under boys (as at July 1 2010)
-UNDER 17 BOYS 17 years and under boys (as at July 1 2010)
-UNDER 17 GIRLS 17 years and under boys (as at July 1 2010)
-AMATEUR Men.....AMATEUR Women.....Over 40
-Pro Men..... Pro Women.....Novice Wakeskate.....Pro Wakeskate.....

Events (Please mark with an "X" next to the event/s you are entering)

-LF Rail Jam \$35 entry
-Flatwater Freaks \$25 entry

TOTAL ENTRY ENCLOSED.....\$.....

All Registration Forms should be sent by email to

CABLES WAKE PARK PENRITH info@cableswakepark.com.au

Phone – **0247222537** For Internationals dial **+612 47222537**

Payment Type (Please Mark with "X" or Highlight)

VISA _____ **MasterCard** _____ **Card #** _____ **Exp** _____

Name on Credit Card _____

Billing Address for Credit Card _____



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